



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Treiber, Karl Heinz

Club: Lauf AG Feudenheim-Gymnasium

Number: 424

Course: 12.00 km

12 km Run

Category:

Männer M50

Total time: 55:50

Speed: 12.90 km/h

Running performance: 4:39 min/km

Rank in course/Total: 45 (of 207)

Rank in course/Men: 44 (of 155)

Best time in course: 42:50

Rank in category: 5(of 23)

Best time in the category: 45:29