



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Yesilbag, Seher

Club: Mannheim

Number: 418

Course: 12.00 km

12 km Run

Category:

Frauen W20

Total time: 57:20

Speed: 12.56 km/h

Running performance: 4:47 min/km

Rank in course/Total: 57 (of 207)

Rank in course/Women: 4 (of 52)

Best time in course: 55:03

Rank in category: 1(of 7)

Best time in the category: 57:20