



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Parisi, Susanne

Club: Marathon-Team Ketsch

Number: 351

Course: 12.00 km

12 km Run

Category:

Frauen W30

Total time: 57:38

Speed: 12.49 km/h

Running performance: 4:48 min/km

Rank in course/Total: 60 (of 207)

Rank in course/Women: 5 (of 52)

Best time in course: 55:03

Rank in category: 1(of 8)

Best time in the category: 57:38