



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Noetzel, Gerhard

Club: Mannheim

Number: 526

Course: 12.00 km

12 km Run

Category:

Männer M45

Total time: 57:50

Speed: 12.45 km/h

Running performance: 4:49 min/km

Rank in course/Total: 61 (of 207)

Rank in course/Men: 56 (of 155)

Best time in course: 42:50

Rank in category: 10(of 25)

Best time in the category: 48:43