



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

**Weisbrodt, Jan**

Club: Mannheim

Number: 454

Course: 12.00 km

12 km Run

Category:

Männer M35

Total time: 58:19

Speed: 12.35 km/h

Running performance: 4:52 min/km

Rank in course/Total: 66 (of 207)

Rank in course/Men: 60 (of 155)

Best time in course: 42:50

Rank in category: 10(of 23)

Best time in the category: 48:34