



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Ehrenberger, Reinhard

Club: TV Bad Rappenau

Number: 425

Course: 12.00 km

12 km Run

Category:

Männer M50

Total time: 58:41

Speed: 12.27 km/h

Running performance: 4:53 min/km

Rank in course/Total: 68 (of 207)

Rank in course/Men: 62 (of 155)

Best time in course: 42:50

Rank in category: 7(of 23)

Best time in the category: 45:29