



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Merkert, Dieter

Club: Mannheim

Number: 554

Course: 12.00 km

12 km Run

Category:

Männer M40

Total time: 58:56

Speed: 12.22 km/h

Running performance: 4:55 min/km

Rank in course/Total: 72 (of 207)

Rank in course/Men: 66 (of 155)

Best time in course: 42:50

Rank in category: 13(of 31)

Best time in the category: 42:50