



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

Holzinger, Herbert

Club: Mannheim

Number: 437

Course: 12.00 km

12 km Run

Category:

Männer M20

Total time: 59:21

Speed: 12.13 km/h

Running performance: 4:57 min/km

Rank in course/Total: 75 (of 207)

Rank in course/Men: 69 (of 155)

Best time in course: 42:50

Rank in category: 9(of 16)

Best time in the category: 48:19