



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Müßig, Rigobert

Club: Ludwigshafen

Number: 429

Course: 12.00 km

12 km Run

Category:

Männer M40

Total time: 59:33

Speed: 12.09 km/h

Running performance: 4:58 min/km

Rank in course/Total: 76 (of 207)

Rank in course/Men: 70 (of 155)

Best time in course: 42:50

Rank in category: 15(of 31)

Best time in the category: 42:50