



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Groth, Stefan**

Club: TSV MA-Schönau

Number: 580

Course: 12.00 km

12 km Run

Category:

Männer M35

Total time: 59:36

Speed: 12.08 km/h

Running performance: 4:58 min/km

Rank in course/Total: 77 (of 207)

Rank in course/Men: 71 (of 155)

Best time in course: 42:50

Rank in category: 12(of 23)

Best time in the category: 48:34