



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Johne, Gabi

Club: MTG Running

Number: 413

Course: 12.00 km

12 km Run

Category:

Frauen W40

Total time: 59:40

Speed: 12.07 km/h

Running performance: 4:58 min/km

Rank in course/Total: 78 (of 207)

Rank in course/Women: 7 (of 52)

Best time in course: 55:03

Rank in category: 3(of 7)

Best time in the category: 55:52