



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Becker, Helmut

Club: LT-Lautertal

Number: 496

Course: 12.00 km

12 km Run

Category:

Männer M60

Total time: 1:00:27

Speed: 11.91 km/h

Running performance: 5:02 min/km

Rank in course/Total: 83 (of 207)

Rank in course/Men: 76 (of 155)

Best time in course: 42:50

Rank in category: 4(of 5)

Best time in the category: 51:11