



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Semling, Axel

Club: Mannheim

Number: 433

Course: 12.00 km

12 km Run

Category:

Männer M35

Total time: 1:00:55

Speed: 11.82 km/h

Running performance: 5:05 min/km

Rank in course/Total: 92 (of 207)

Rank in course/Men: 85 (of 155)

Best time in course: 42:50

Rank in category: 15(of 23)

Best time in the category: 48:34