



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Dyx, Matthias

Club: Familie

Number: 546

Course: 12.00 km

12 km Run

Category:

Männer M40

Total time: 1:01:00

Speed: 11.80 km/h

Running performance: 5:05 min/km

Rank in course/Total: 93 (of 207)

Rank in course/Men: 86 (of 155)

Best time in course: 42:50

Rank in category: 17(of 31)

Best time in the category: 42:50