



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Schumacher, Uwe

Club: LT Fitropolis Heidelberg

Number: 435

Course: 12.00 km

12 km Run

Category:

Männer M35

Total time: 1:01:55

Speed: 11.63 km/h

Running performance: 5:10 min/km

Rank in course/Total: 101 (of 207)

Rank in course/Men: 93 (of 155)

Best time in course: 42:50

Rank in category: 17(of 23)

Best time in the category: 48:34