



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

Schick, Gerhard

Club: Mannheim

Number: 578

Course: 12.00 km

12 km Run

Category:

Männer M35

Total time: 1:02:29

Speed: 11.52 km/h

Running performance: 5:13 min/km

Rank in course/Total: 105 (of 207)

Rank in course/Men: 96 (of 155)

Best time in course: 42:50

Rank in category: 19(of 23)

Best time in the category: 48:34