



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Kruettgen, Nicole**

Club: Mannheim

Number: 383

Course: 12.00 km

12 km Run

Category:

Frauen W35

Total time: 1:02:41

Speed: 11.49 km/h

Running performance: 5:13 min/km

Rank in course/Total: 106 (of 207)

Rank in course/Women: 10 (of 52)

Best time in course: 55:03

Rank in category: 1(of 8)

Best time in the category: 1:02:41