



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Wöhler, Jens

Club: Mannheim

Number: 558

Course: 12.00 km

12 km Run

Category:

Männer M40

Total time: 1:03:43

Speed: 11.30 km/h

Running performance: 5:19 min/km

Rank in course/Total: 115 (of 207)

Rank in course/Men: 105 (of 155)

Best time in course: 42:50

Rank in category: 22(of 31)

Best time in the category: 42:50