



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Heil, Junias

Club: Fischbach

Number: 387

Course: 12.00 km

12 km Run

Category:

männliche Jugend A

Total time: 1:04:14

Speed: 11.21 km/h

Running performance: 5:21 min/km

Rank in course/Total: 118 (of 207)

Rank in course/Men: 107 (of 155)

Best time in course: 42:50

Rank in category: 3(of 4)

Best time in the category: 53:48