



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Hohenadler, Hubert

Club: MC Ilvesheim

Number: 515

Course: 12.00 km

12 km Run

Category:

Männer M50

Total time: 1:05:02

Speed: 11.07 km/h

Running performance: 5:25 min/km

Rank in course/Total: 122 (of 207)

Rank in course/Men: 110 (of 155)

Best time in course: 42:50

Rank in category: 13(of 23)

Best time in the category: 45:29