



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Weisbrodt, Dirk

Club: Mannheim

Number: 409

Course: 12.00 km

12 km Run

Category:

Männer M40

Total time: 1:06:04

Speed: 10.90 km/h

Running performance: 5:31 min/km

Rank in course/Total: 128 (of 207)

Rank in course/Men: 115 (of 155)

Best time in course: 42:50

Rank in category: 25(of 31)

Best time in the category: 42:50