



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Koerber, Andreas

Club: Mannheim

Number: 535

Course: 12.00 km

12 km Run

Category:

Männer M45

Total time: 1:06:09

Speed: 10.88 km/h

Running performance: 5:31 min/km

Rank in course/Total: 130 (of 207)

Rank in course/Men: 117 (of 155)

Best time in course: 42:50

Rank in category: 22(of 25)

Best time in the category: 48:43