



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Rottmann, Carmen

Club: LT Karlstern

Number: 443

Course: 12.00 km

12 km Run

Category:

Frauen W45

Total time: 1:06:10

Speed: 10.88 km/h

Running performance: 5:31 min/km

Rank in course/Total: 131 (of 207)

Rank in course/Women: 14 (of 52)

Best time in course: 55:03

Rank in category: 3(of 13)

Best time in the category: 55:03