



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Kölsch, Hans-Christoph**

Club: Mannheim

Number: 511

Course: 12.00 km

12 km Run

Category:

Männer M50

Total time: 1:06:48

Speed: 10.78 km/h

Running performance: 5:34 min/km

Rank in course/Total: 135 (of 207)

Rank in course/Men: 119 (of 155)

Best time in course: 42:50

Rank in category: 14(of 23)

Best time in the category: 45:29