



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Noetzel, Phigul

Club: Mannheim

Number: 476

Course: 12.00 km

12 km Run

Category:

Frauen W40

Total time: 1:08:04

Speed: 10.58 km/h

Running performance: 5:40 min/km

Rank in course/Total: 145 (of 207)

Rank in course/Women: 21 (of 52)

Best time in course: 55:03

Rank in category: 6(of 7)

Best time in the category: 55:52