



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Theobald, Carolin

Club: Limburgerhof

Number: 482

Course: 12.00 km

12 km Run

Category:

Frauen W30

Total time: 1:08:35

Speed: 10.50 km/h

Running performance: 5:43 min/km

Rank in course/Total: 148 (of 207)

Rank in course/Women: 23 (of 52)

Best time in course: 55:03

Rank in category: 3(of 8)

Best time in the category: 57:38