



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Weisbrodt, Heinz**

Club: TSG Maxdorf

Number: 492

Course: 12.00 km

12 km Run

Category:

Männer M70

Total time: 1:09:00

Speed: 10.43 km/h

Running performance: 5:45 min/km

Rank in course/Total: 149 (of 207)

Rank in course/Men: 126 (of 155)

Best time in course: 42:50

Rank in category: 1(of 1)

Best time in the category: 1:09:00