



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Otreba, Werner

Club: WOW

Number: 307

Course: 12.00 km

12 km Run

Category:

Männer M50

Total time: 1:09:15

Speed: 10.40 km/h

Running performance: 5:46 min/km

Rank in course/Total: 154 (of 207)

Rank in course/Men: 127 (of 155)

Best time in course: 42:50

Rank in category: 17(of 23)

Best time in the category: 45:29