



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Starck, Martin

Club: Mannheim

Number: 439

Course: 12.00 km

12 km Run

Category:

Männer M20

Total time: 1:09:33

Speed: 10.35 km/h

Running performance: 5:48 min/km

Rank in course/Total: 155 (of 207)

Rank in course/Men: 128 (of 155)

Best time in course: 42:50

Rank in category: 13(of 16)

Best time in the category: 48:19