



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Brummer, Sandra

Club: Mannheim

Number: 444

Course: 12.00 km

12 km Run

Category:

Frauen W30

Total time: 1:09:53

Speed: 10.30 km/h

Running performance: 5:49 min/km

Rank in course/Total: 158 (of 207)

Rank in course/Women: 29 (of 52)

Best time in course: 55:03

Rank in category: 4(of 8)

Best time in the category: 57:38