



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Motsch-Klein, Hermann

Club: Lauf Ich AG Mannheim

Number: 422

Course: 12.00 km

12 km Run

Category:

Männer M50

Total time: 1:10:08

Speed: 10.27 km/h

Running performance: 5:50 min/km

Rank in course/Total: 160 (of 207)

Rank in course/Men: 130 (of 155)

Best time in course: 42:50

Rank in category: 19(of 23)

Best time in the category: 45:29