



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Kreischer, Ute

Club: Mannheim

Number: 469

Course: 12.00 km

12 km Run

Category:

Frauen W45

Total time: 1:10:36

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 162 (of 207)

Rank in course/Women: 31 (of 52)

Best time in course: 55:03

Rank in category: 8(of 13)

Best time in the category: 55:03