



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

van Treek, Manfred

Club: TSV Viernheim

Number: 448

Course: 12.00 km

12 km Run

Category:

Männer M50

Total time: 1:14:21

Speed: 9.68 km/h

Running performance: 6:12 min/km

Rank in course/Total: 174 (of 207)

Rank in course/Men: 137 (of 155)

Best time in course: 42:50

Rank in category: 20(of 23)

Best time in the category: 45:29