



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Weidner, Karin

Club: Avendi-Team

Number: 405

Course: 12.00 km

12 km Run

Category:

Frauen W45

Total time: 1:18:12

Speed: 9.21 km/h

Running performance: 6:31 min/km

Rank in course/Total: 188 (of 207)

Rank in course/Women: 42 (of 52)

Best time in course: 55:03

Rank in category: 12(of 13)

Best time in the category: 55:03