



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Graustein, Simone**

Club: Worms

Number: 415

Course: 12.00 km

12 km Run

Category:

Frauen W35

Total time: 1:19:26

Speed: 9.06 km/h

Running performance: 6:37 min/km

Rank in course/Total: 191 (of 207)

Rank in course/Women: 44 (of 52)

Best time in course: 55:03

Rank in category: 7(of 8)

Best time in the category: 1:02:41