



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Dröge, Antje**

Club: Mannheim

Number: 327

Course: 12.00 km

12 km Run

Category:

Frauen W30

Total time: 1:19:43

Speed: 9.03 km/h

Running performance: 6:38 min/km

Rank in course/Total: 193 (of 207)

Rank in course/Women: 45 (of 52)

Best time in course: 55:03

Rank in category: 7(of 8)

Best time in the category: 57:38