



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Heckele, Hannelore

Club: Avendi Team

Number: 461

Course: 12.00 km

12 km Run

Category:

Frauen W60

Total time: 1:21:51

Speed: 8.80 km/h

Running performance: 6:49 min/km

Rank in course/Total: 196 (of 207)

Rank in course/Women: 47 (of 52)

Best time in course: 55:03

Rank in category: 1(of 1)

Best time in the category: 1:21:51