



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Pauli, Rolf

Club: Laufftreff Brühl

Number: 513

Course: 12.00 km

12 km Run

Category:

Männer M50

Total time: 1:23:22

Speed: 8.64 km/h

Running performance: 6:57 min/km

Rank in course/Total: 200 (of 207)

Rank in course/Men: 151 (of 155)

Best time in course: 42:50

Rank in category: 23(of 23)

Best time in the category: 45:29