



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Lichte, Jens

Club: Mannheim

Number: 556

Course: 12.00 km

12 km Run

Category:

Männer M40

Total time: 1:23:29

Speed: 8.62 km/h

Running performance: 6:58 min/km

Rank in course/Total: 203 (of 207)

Rank in course/Men: 153 (of 155)

Best time in course: 42:50

Rank in category: 30(of 31)

Best time in the category: 42:50