



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Zelt, Hans

Club: Laufftreff Brühl

Number: 542

Course: 12.00 km

12 km Run

Category:

Männer M40

Total time: 1:26:22

Speed: 8.34 km/h

Running performance: 7:12 min/km

Rank in course/Total: 204 (of 207)

Rank in course/Men: 154 (of 155)

Best time in course: 42:50

Rank in category: 31(of 31)

Best time in the category: 42:50