



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Roth, Ruth

Club: TV-Rheinau-Walking

Number: 52

Course: 6.00 km

6 km Walk

Category:

Walking/ Nordic Walking

Total time: 42:15

Speed: 8.52 km/h

Running performance: 7:02 min/km

Rank in course/Total: 3 (of 61)

Rank in course/Women: 1 (of 46)

Best time in course: 42:15

Rank in category: 1(of 46)

Best time in the category: 42:15