



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Frank, Oliver

Club: Mannheim

Number: 233

Course: 6.00 km

6 km Walk

Category:

Walking/ Nordic Walking Männer

Total time: 45:26

Speed: 7.92 km/h

Running performance: 7:34 min/km

Rank in course/Total: 8 (of 61)

Rank in course/Men: 5 (of 15)

Best time in course: 40:41

Rank in category: 5(of 15)

Best time in the category: 40:41