



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Weiss, Natascha**

Club: Mannheim

Number: 237

Course: 6.00 km

6 km Walk

Category:

Walking/ Nordic Walking

Total time: 45:50

Speed: 7.85 km/h

Running performance: 7:38 min/km

Rank in course/Total: 9 (of 61)

Rank in course/Women: 4 (of 46)

Best time in course: 42:15

Rank in category: 4(of 46)

Best time in the category: 42:15