



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Kolano, Claudia

Club: Mannheim

Number: 48

Course: 6.00 km

6 km Walk

Category:

Walking/ Nordic Walking

Total time: 48:55

Speed: 7.36 km/h

Running performance: 8:09 min/km

Rank in course/Total: 16 (of 61)

Rank in course/Women: 8 (of 46)

Best time in course: 42:15

Rank in category: 8(of 46)

Best time in the category: 42:15