



5. Pummpälzlauf

Behringen/ Mosbach-Rennsteig/ Bad Salzungen-Keltenbad / 08.06.2008

Detailed evaluation

Diele, Horst

Club: MT Melsungen

Number: 500

Course: 42.20 km

Marathon

Category:

Männer M70

Total time: 5:20:10

Speed: 7.87 km/h

Running performance: 7:35 min/km

Rank in course/Total: 5 (of 6)

Rank in course/Men: 5 (of 6)

Best time in course: 3:02:56

Rank in category: 1(of 1)

Best time in the category: 5:20:10