



5. Pummpälzlauf

Behringen/ Mosbach-Rennsteig/ Bad Salzungen-Keltenbad / 08.06.2008

Detailed evaluation

Lämmerhirt, Torsten

Club: DAV Inselberg Brotterode

Number: 502

Course: 42.20 km

Marathon

Category:

Männer M40

Total time: 5:56:49

Speed: 7.10 km/h

Running performance: 8:28 min/km

Rank in course/Total: 6 (of 6)

Rank in course/Men: 6 (of 6)

Best time in course: 3:02:56

Rank in category: 4(of 4)

Best time in the category: 3:02:56