



5. Pummpälzlauf

Behringen/ Mosbach-Rennsteig/ Bad Salzungen-Keltenbad / 08.06.2008

Detailed evaluation

Dittmar, Stephan

Club: Schmalkalder LV

Number: 501

Course: 42.20 km

Marathon

Category:

Männer M40

Total time: 4:16:27

Speed: 9.83 km/h

Running performance: 6:05 min/km

Rank in course/Total: 3 (of 6)

Rank in course/Men: 3 (of 6)

Best time in course: 3:02:56

Rank in category: 3(of 4)

Best time in the category: 3:02:56