



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

Beinborn, Stefan

Club: LG Halver-Schalksmühle

Number: 830

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 1:58:29

Speed: 8.61 km/h

metres in height up: 187

Course score: 19.81

performance score: 171 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:10	00:40	00:40
Kontrolle	12.3	7.0	10:54	01:24	00:43
Finish	17.0	4.7	11:28	01:58	00:34