



## 6. Unnaer Walking-Day

Unna / 15.06.2008

### Detailed evaluation

**Steinbrecher, Heinz**

Club: DJK Eintracht Luedenscheid  
Number: 794

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 1:58:43

Speed: 8.59 km/h

metres in height up: 187

Course score: 19.81

performance score: 170 Points

### Intermediate times

| Control   | km Total | km Split | Time of day | Total Time | Split Time |
|-----------|----------|----------|-------------|------------|------------|
| Start     | 0        | 0        | 09:30       | 00:00      | 00:00      |
| Kontrolle | 5.3      | 5.3      | 10:10       | 00:39      | 00:39      |
| Kontrolle | 12.3     | 7.0      | 10:54       | 01:24      | 00:44      |
| Finish    | 17.0     | 4.7      | 11:29       | 01:58      | 00:34      |