



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

Arens, Lothar

Club: EscarGOts Bochum

Number: 845

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 1:58:47

Speed: 8.59 km/h

metres in height up: 187

Course score: 19.81

performance score: 170 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:11	00:41	00:41
Kontrolle	12.3	7.0	10:55	01:25	00:44
Finish	17.0	4.7	11:29	01:58	00:33